

Michigan Behavioral Risk Factor Surveillance System

Selected Tables from the 1995 Survey

**Michigan Department of Community Health
Health Administration
Bureau of Epidemiology
Division of Epidemiology Services
Chronic Disease Epidemiology Section
517-335-9080**

TABLE A.1 Comparison of the Combined 1995 BRFS Sample Distributions With 1994 Census Distributions for Michigan (In Percentages)			
Demographic Characteristics	Unweighted Sample	Weighted Sample ¹	1994 Population Estimates ²
AGE			
18-24 Years	9.3	12.9	13.5
25-34 Years	22.1	21.0	20.9
35-44 Years	23.4	22.0	22.1
45-54 Years	15.1	15.8	15.8
55-64 Years	10.9	10.8	10.9
65-74 Years	11.5	11.2	9.6
75+ Years	7.4	6.0	7.3
Missing	0.3	0.3	
GENDER			
Male	41.2	47.2	47.8
Female	58.8	52.8	52.2
RACE			
White	85.2	85.5	85.0
African American	10.3	12.2	13.2
Other	4.1	2.0	1.8
Missing	0.3	0.3	
¹ Weighted by the number of adults in the household, the reciprocal of the number of residential phone lines into the house, and conditionally to the 1994 Michigan population intercensal estimates by age, sex and race. ² Source: Office of the State Demographer, Michigan Department of Management and Budget, 1994			

TABLE A.2 Comparison of the Combined 1995 BRFs Sample Distributions With 1990 Census Distributions for Michigan (In Percentages)			
Demographic Characteristics	Unweighted Sample	Weighted Sample ¹	1990 Population Estimates ²
EDUCATION			
Less than High School	11.1	10.8	23.0
High School Graduate	36.6	37.5	31.9
Some College	27.2	27.7	29.3
College Graduate	24.9	23.8	15.8
Missing	0.2	0.2	
HOUSEHOLD INCOME			
<\$10,000	11.1	9.3	15.6
\$10,000-19,999	16.7	15.7	40.3 ³
\$20,000-34,999	22.9	23.2	-- ³
\$35,000-50,000	16.9	17.7	18.7
>\$50,000	24.3	26.1	25.4
Missing	8.1	8.0	
EMPLOYMENT STATUS (age 20-64)			
Employed	76.2	76.8	72.8
Unemployed	3.9	3.8	4.6
Not in labor force	16.4 ⁴	16.1 ⁴	22.2
Unable to work	3.4	3.2	-- ⁵
Missing	0.1	0.1	
MARITAL STATUS			
Married	55.2	62.7	57.1
Divorced/separated	13.9	9.8	11.6
Widowed	10.3	6.9	7.6
Never married	19.3	18.9	23.7
Unmarried couple	1.2	1.5	-- ⁵
Missing	0.1	0.1	
¹ Weighted by the number of adults in the household, the reciprocal of the number of residential phone lines into the house, and conditionally to the 1994 Michigan population intercensal estimates by age, sex and race. ² Source: U.S. Bureau of the Census, 1990. ³ Household income \$10,000 to \$34,999. ⁴ Includes homemakers, students, and retired persons. ⁵ No comparable category in the census.			

TABLE 4.
High Blood Pressure Indicators
Michigan Adults, 1995
(in percentages with 95% confidence interval limits)

Demographic Characteristics	Blood Pressure Checked Within 2 Years ¹	Ever Told High Blood Pressure ²
TOTAL	94.8 ±0.9	23.5 ±1.3
AGE		
18-24 Years	95.9 ±2.6	8.9 ±2.9
25-34 Years	92.7 ±2.4	10.9 ±2.0
35-44 Years	93.4 ±2.1	14.6 ±2.2
45-54 Years	95.7 ±2.2	26.5 ±3.4
55-64 Years	96.7 ±2.2	38.4 ±4.4
65-74 Years	96.2 ±2.4	49.3 ±4.4
75+ Years	96.9 ±2.3	48.7 ±5.5
GENDER		
Male	93.4 ±1.6	22.6 ±1.9
Female	96.1 ±1.1	24.3 ±1.7
RACE		
White	94.8 ±1.1	23.0 ±1.4
African American	96.0 ±2.6	28.8 ±4.3
EDUCATION		
Less than High School	93.3 ±3.1	34.0 ±4.2
High School Graduate	94.6 ±1.5	26.2 ±2.2
Some College	96.1 ±1.6	19.5 ±2.3
College Graduate	94.6 ±1.9	19.3 ±2.4
HOUSEHOLD INCOME		
<\$10,000	92.9 ±3.3	34.5 ±4.4
\$10,000-19,999	94.1 ±2.3	29.4 ±3.4
\$20,000-34,999	93.0 ±2.3	25.1 ±2.7
\$35,000-50,000	95.8 ±2.1	16.4 ±2.7
>\$50,000	96.7 ±1.5	17.0 ±2.3
¹ Proportion of respondents who reported that they had had their blood pressure checked within the past two years. ² Proportion of respondents who reported that they had ever been told by a health professional that their blood pressure was high.		

TABLE 5.
Cholesterol Indicators
Michigan Adults, 1995
(in percentages with 95% confidence interval limits)

Demographic Characteristics	Cholesterol Ever Checked ¹	Cholesterol Checked Within Past 5 Years ²	Ever Told Cholesterol was High ³
TOTAL	75.3 ±1.3	71.1 ±2.0	31.4 ±1.6
AGE			
18-24 Years	49.0 ±5.0	46.4 ±7.0	17.7 ±5.4
25-34 Years	60.2 ±3.2	54.9 ±4.5	19.4 ±3.3
35-44 Years	74.7 ±2.7	67.5 ±4.2	22.0 ±3.0
45-54 Years	89.3 ±2.4	85.8 ±3.9	34.4 ±3.9
55-64 Years	92.7 ±2.4	91.3 ±3.4	44.5 ±4.7
65-74 Years	90.7 ±2.5	87.9 ±4.1	47.7 ±4.7
75+ Years	88.5 ±3.6	85.8 ±5.4	41.3 ±5.8
GENDER			
Male	71.2 ±2.1	65.8 ±3.2	30.2 ±2.5
Female	78.9 ±1.6	75.7 ±2.4	32.3 ±2.1
RACE			
White	76.0 ±1.4	71.0 ±2.1	32.0 ±1.7
African American	72.4 ±4.4	73.0 ±6.2	26.4 ±5.0
EDUCATION			
Less than High School	74.8 ±4.0	72.2 ±5.9	37.6 ±5.2
High School Graduate	70.4 ±2.3	67.1 ±3.3	32.5 ±2.7
Some College	75.5 ±2.6	70.3 ±3.9	32.0 ±3.1
College Graduate	82.9 ±2.3	77.5 ±3.6	26.7 ±3.0
HOUSEHOLD INCOME			
<\$10,000	68.7 ±4.5	61.5 ±6.5	39.3 ±5.5
\$10,000-19,999	70.4 ±3.5	68.4 ±5.1	37.8 ±4.3
\$20,000-34,999	70.6 ±3.0	65.0 ±4.4	32.8 ±3.5
\$35,000-50,000	74.2 ±3.3	69.4 ±4.9	23.5 ±3.5
>\$50,000	83.8 ±2.3	80.1 ±3.4	29.0 ±3.0

¹ Proportion of respondents who reported ever having had their cholesterol checked.

² Proportion of respondents who reported having had their cholesterol checked within the previous 5 years.

³ Of respondents who had ever had their cholesterol checked, the proportion who had been told by a health professional that their cholesterol was high.

TABLE 1.
Health Care Access Indicators
Michigan Adults, 1995
(in percentages with 95% confidence interval limits)

Demographic Characteristics	Had Health Care Coverage ¹ Age 18-64	All or Most Prescription Covered ²	Increased "Out-of-Pocket" Expenses ³	Cost Prevented ⁴
TOTAL	89.5 ±1.1	67.6 ±1.5	30.0 ±1.5	10.0 ±1.3
AGE				
18-24 Years	79.6 ±4.0	81.0 ±4.5	16.9 ±4.2	15.8 ±5.2
25-34 Years	88.1 ±2.1	73.8 ±3.0	27.5 ±3.1	12.4 ±3.0
35-44 Years	90.6 ±1.8	69.4 ±3.0	31.8 ±3.0	12.1 ±2.9
45-54 Years	94.1 ±1.8	69.9 ±3.7	32.2 ±3.7	8.1 ±2.9
55-64 Years	95.3 ±1.8	66.9 ±4.4	36.1 ±4.5	5.9 ±2.8
65-74 Years	- -	53.1 ±4.5	34.3 ±4.3	5.2 ±2.9
75+ Years	- -	42.3 ±5.7	30.4 ±5.2	2.8 ±2.6
GENDER				
Male	88.9 ±1.6	70.9 ±2.3	28.9 ±2.2	9.5 ±2.0
Female	90.1 ±1.4	64.7 ±2.0	30.9 ±1.9	10.5 ±1.7
RACE				
White	90.2 ±1.1	66.7 ±1.6	30.7 ±1.6	8.5 ±1.3
African American	86.4 ±3.8	74.5 ±4.4	25.0 ±4.4	19.3 ±5.5
EDUCATION				
Less than H.S.	77.3 ±5.4	55.4 ±5.0	31.2 ±4.7	15.7 ±5.0
H.S. Graduate	85.8 ±2.0	66.2 ±2.5	27.6 ±2.4	9.6 ±2.1
Some College	91.3 ±1.7	69.2 ±2.8	30.7 ±2.8	10.8 ±2.5
College Graduate	96.3 ±1.2	72.5 ±2.8	32.1 ±2.9	7.4 ±2.4
INCOME				
<\$10,000	71.9 ±5.6	58.1 ±5.2	29.8 ±4.9	23.0 ±5.6
\$10,000-19,999	73.0 ±4.2	58.6 ±4.2	31.4 ±3.9	18.4 ±4.4
\$20,000-34,999	89.0 ±2.1	66.8 ±3.2	29.2 ±3.0	10.8 ±2.8
\$35,000-50,000	95.8 ±1.6	70.4 ±3.4	30.7 ±3.4	7.2 ±2.6
>\$50,000	97.4 ±1.1	75.8 ±2.6	29.9 ±2.8	3.5 ±1.5

¹ Proportion of respondents age 18-64 who reported they had any kind of health care coverage.

² Proportion of respondents who reported that their health insurance paid for all or most of the cost of prescription medicine.

³ Proportion of insured respondents who reported that their "out-of-pocket" expenses for medical care had increased in the last year. "Don't Knows" were considered valid responses to this question.

⁴ Proportion of all respondents who reported that there was a time during the previous 12 months when they needed to see a doctor but could not because of the cost.

TABLE 2.
Medical Care Indicators
Michigan Adults, 1995
(in percentages with 95% confidence interval limits)

Demographic Characteristics	Sought Medical Care in Past Year ¹	Routine Checkup in Last Year ²	Had Usual Source of Medical Care ³
TOTAL	76.3 ±1.3	71.6 ±1.9	91.8 ±0.8
AGE			
18-24 Years	74.8 ±4.2	69.1 ±6.5	85.3 ±3.4
25-34 Years	73.2 ±2.9	62.2 ±4.4	89.6 ±1.9
35-44 Years	71.3 ±2.8	63.0 ±4.3	91.2 ±1.7
45-54 Years	74.9 ±3.4	76.7 ±4.6	93.2 ±1.9
55-64 Years	78.7 ±3.8	78.0 ±5.2	96.2 ±1.7
65-74 Years	86.7 ±2.9	86.8 ±4.1	95.2 ±1.8
75+ Years	88.2 ±3.5	87.8 ±5.0	97.0 ±1.8
GENDER			
Male	68.3 ±2.2	62.8 ±3.2	88.3 ±1.5
Female	83.5 ±1.5	79.5 ±2.2	94.9 ±0.9
RACE			
White	76.1 ±1.4	70.6 ±2.1	92.0 ±0.9
African American	80.1 ±3.9	79.6 ±5.7	92.1 ±2.7
EDUCATION			
Less than High School	77.9 ±3.7	76.1 ±5.7	90.2 ±2.8
High School Graduate	74.4 ±2.2	70.2 ±3.2	91.8 ±1.4
Some College	76.4 ±2.5	72.0 ±3.8	93.0 ±1.5
College Graduate	78.5 ±2.5	71.3 ±3.9	91.1 ±1.7
HOUSEHOLD INCOME			
<\$10,000	79.5 ±3.8	74.8 ±5.7	90.4 ±2.7
\$10,000-19,999	77.3 ±3.2	71.4 ±4.9	89.6 ±2.4
\$20,000-34,999	75.9 ±2.7	71.2 ±4.0	91.5 ±1.8
\$35,000-50,000	74.4 ±3.2	63.4 ±5.0	93.0 ±1.8
>\$50,000	75.8 ±2.6	74.0 ±3.7	92.9 ±1.6

¹ Proportion of respondents who reported that they had sought medical care in the past year.

² Proportion of respondents who reported that they had had a routine checkup within the past year.

³ Proportion of respondents who reported that they have somewhere they usually go if they need medical care.

TABLE 3.
Health Status Indicators
Michigan Adults, 1995
(percentages and means, with 95% confidence interval limits)

Demographic Characteristics	Perceived Health Fair or Poor ¹ (in percent)	Physical Health Not Good ² (mean days)	Mental Health Not Good ³ (mean days)	Limited Activity ⁴ (mean days)	Good Health Days ⁵ (mean days)
TOTAL	14.2 ±1.0	3.1 ±0.3	3.4 ±0.3	1.8 ±0.3	24.2 ±0.4
AGE					
18-24 Years	7.5 ±2.6	1.9 ±0.6	4.8 ±1.0	1.5 ±0.7	23.5 ±1.2
25-34 Years	7.5 ±1.7	2.0 ±0.4	3.2 ±0.6	1.0 ±0.3	25.0 ±0.7
35-44 Years	8.5 ±1.7	2.5 ±0.5	4.0 ±0.7	1.4 ±0.5	24.2 ±0.8
45-54 Years	12.2 ±2.5	2.9 ±0.7	3.0 ±0.7	2.0 ±0.7	24.8 ±0.9
55-64 Years	20.8 ±3.7	4.0 ±1.1	2.7 ±0.9	2.0 ±0.8	24.4 ±1.2
65-74 Years	29.2 ±4.0	5.5 ±1.3	2.4 ±0.9	2.6 ±1.0	22.8 ±1.4
75+ Years	38.7 ±5.4	5.4 ±1.5	2.5 ±1.1	3.8 ±1.4	23.3 ±1.7
GENDER					
Male	12.8 ±1.5	2.7 ±0.5	2.6 ±0.4	1.6 ±0.4	25.3 ±0.6
Female	15.5 ±1.4	3.4 ±0.4	4.0 ±0.4	2.0 ±0.3	23.2 ±0.5
RACE					
White	12.8 ±1.1	2.9 ±0.3	3.1 ±0.3	1.6 ±0.2	24.4 ±0.4
African American	23.6 ±4.0	3.9 ±1.1	5.0 ±1.2	2.9 ±1.0	22.6 ±1.5
EDUCATION					
Less than H.S.	34.4 ±4.3	7.1 ±1.5	4.1 ±1.1	4.5 ±1.3	20.4 ±1.7
H.S. Graduate	17.1 ±1.9	2.9 ±0.5	3.4 ±0.5	1.5 ±0.4	24.4 ±0.6
Some College	8.9 ±1.5	2.5 ±0.5	3.7 ±0.6	1.7 ±0.4	24.3 ±0.7
College Graduate	6.6 ±1.5	2.3 ±0.5	2.7 ±0.4	1.2 ±0.4	25.3 ±0.7
INCOME					
<\$10,000	35.9 ±4.5	6.3 ±1.4	5.4 ±1.2	4.2 ±1.2	20.3 ±1.6
\$10,000-19,999	24.1 ±3.2	4.7 ±0.9	3.7 ±0.8	2.5 ±0.7	22.4 ±1.1
\$20,000-34,999	12.1 ±2.0	2.8 ±0.6	3.3 ±0.6	1.8 ±0.5	24.4 ±0.8
\$35,000-50,000	7.8 ±1.9	1.9 ±0.5	3.0 ±0.6	0.9 ±0.4	25.2 ±0.8
>\$50,000	5.5 ±1.4	1.9 ±0.4	2.7 ±0.6	1.0 ±0.3	25.7 ±0.7

¹ Proportion of respondents who said that in general their health was fair or poor.

² Mean number of days during the past 30 days in which physical health (including illness and injury) was not good.

³ Mean number of days during the past 30 days in which mental health (including stress, depression, and problems with emotions) was not good.

⁴ Mean number of days during the past 30 days in which poor physical or mental health kept respondent from doing usual activities, such as self-care, work, or recreation.

⁵ The good health days index was calculated by subtracting the sum of "not good" physical health days and "not good" mental health days from 30, with the restriction that the number of "good health days" could not be less than zero. This index assumed minimal overlap of reported "not good" physical and mental health days. (MMWR 1994;43:375).

TABLE 12.
Alcohol Use Indicators
Michigan Adults, 1995
(in percentages with 95% confidence interval limits)

Demographic Characteristics	Consumed Any in Past Month ¹	Heavy Drinking ²
TOTAL	56.3 ±1.5	2.8 ±0.5
AGE		
18-24 Years	63.9 ±4.8	3.9 ±2.0
25-34 Years	67.7 ±3.0	2.9 ±1.1
35-44 Years	60.1 ±3.0	2.6 ±0.9
45-54 Years	58.2 ±3.9	2.9 ±1.3
55-64 Years	48.0 ±4.5	2.7 ±1.5
65-74 Years	38.9 ±4.3	2.5 ±1.4
75+ Years	29.7 ±5.2	1.5 ±1.5
GENDER		
Male	64.0 ±2.3	5.2 ±1.0
Female	49.6 ±2.0	0.7 ±0.3
RACE		
White	58.6 ±1.6	2.9 ±0.5
African American	41.3 ±4.8	2.2 ±1.5
EDUCATION		
Less than High School	35.7 ±4.4	3.5 ±1.7
High School Graduate	50.8 ±2.5	2.5 ±0.8
Some College	60.8 ±2.8	3.1 ±1.0
College Graduate	69.2 ±2.8	2.6 ±0.9
HOUSEHOLD INCOME		
<\$10,000	41.5 ±4.7	3.4 ±1.9
\$10,000-19,999	45.8 ±3.8	2.8 ±1.3
\$20,000-34,999	53.4 ±3.2	3.0 ±1.1
\$35,000-50,000	63.1 ±3.5	3.0 ±1.2
>\$50,000	69.8 ±2.8	3.0 ±1.0
¹ Proportion of respondents who reported having had at least one alcoholic drink in the past month. ² Heavy drinking was defined as sixty or more alcoholic beverages on average consumed in the past month.		

TABLE 13.
Alcohol Use Indicators
Michigan Adults, 1995
(in percentages with 95% confidence interval limits)

Demographic Characteristics	Binge Drinking ¹	Drinking and Driving ²
TOTAL	17.1 ±1.2	3.3 ±0.5
AGE		
18-24 Years	32.8 ±4.6	6.3 ±2.4
25-34 Years	25.4 ±2.8	3.9 ±1.2
35-44 Years	17.8 ±2.4	3.4 ±1.2
45-54 Years	13.9 ±2.7	2.7 ±1.3
55-64 Years	7.5 ±2.4	2.1 ±1.3
65-74 Years	4.4 ±1.9	1.9 ±1.3
75+ Years	1.8 ±1.5	0.5 ±0.9
GENDER		
Male	25.1 ±2.0	5.4 ±1.1
Female	10.1 ±1.2	1.4 ±0.5
RACE		
White	18.0 ±1.3	3.2 ±0.6
African American	11.2 ±3.1	4.3 ±2.1
EDUCATION		
Less than High School	12.3 ±3.1	1.4 ±1.1
High School Graduate	17.9 ±2.0	2.9 ±0.9
Some College	18.3 ±2.3	3.9 ±1.2
College Graduate	16.8 ±2.3	3.9 ±1.2
HOUSEHOLD INCOME		
<\$10,000	13.7 ±3.3	3.9 ±2.1
\$10,000-19,999	16.8 ±2.9	3.2 ±1.5
\$20,000-34,999	17.6 ±2.4	3.7 ±1.2
\$35,000-50,000	19.2 ±2.9	3.9 ±1.5
>\$50,000	18.8 ±2.4	2.7 ±1.0
¹ Proportion of respondents who reported that they had had five or more alcoholic beverages per occasion at least once in the past month. ² Proportion of respondents who said they had driven a car after having had "perhaps too much to drink"		

TABLE 15.
Breast Exam Screening Indicators
Female Adults Over 19 Years of Age
Michigan, 1995
(in percentages with 95% confidence interval limits)

Demographic Characteristics	Ever Had Clinical Breast Exam	Had Appropriate Clinical Breast Exam Screening ¹
TOTAL	90.4 ±1.2	74.0 ±1.8
AGE		
20-29 Years	89.5 ±3.2	84.8 ±3.7
30-39 Years	93.8 ±1.8	85.8 ±2.8
40-49 Years	95.2 ±2.1	69.1 ±4.4
50-64 Years	91.8 ±2.6	69.6 ±4.4
65+ Years	81.3 ±3.3	57.8 ±4.3
RACE		
White	91.3 ±1.2	73.9 ±1.9
African American	86.5 ±4.2	76.4 ±5.1
EDUCATION		
Less than High School	78.1 ±4.9	57.8 ±6.1
High School Graduate	88.5 ±2.0	70.0 ±3.0
Some College	93.8 ±1.9	79.9 ±3.1
College Graduate	95.4 ±1.8	81.4 ±3.3
HOUSEHOLD INCOME		
<\$10,000	78.0 ±4.6	59.9 ±5.6
\$10,000-19,999	84.1 ±3.5	63.9 ±4.7
\$20,000-34,999	92.0 ±2.4	74.9 ±3.8
\$35,000-50,000	94.8 ±2.2	80.4 ±4.0
>\$50,000	97.1 ±1.5	84.6 ±3.1
¹ Proportion of female respondents 20 years of age and older whose last clinical breast exam was within the previous three years for women 20-39 years and within the previous year for women 40 years of age and older. Respondents whose last clinical breast exam was done because of breast cancer or other breast problems were not included in this analysis.		

TABLE 16.
Mammography Screening Indicators
Female Adults Over 39 Years of Age
Michigan, 1995
(in percentages with 95% confidence interval limits)

Demographic Characteristics	Ever Had Mammogram	Appropriate Mammography Screening ¹	Appropriate Breast Screening ²
TOTAL	88.0 ±1.6	66.3 ±2.5	53.9 ±2.7
AGE			
40-49 Years	84.9 ±3.3	70.2 ±4.4	56.6 ±4.8
50-64 Years	91.8 ±2.5	66.0 ±4.6	58.8 ±4.8
65+ Years	87.3 ±2.7	62.8 ±4.3	46.8 ±4.4
RACE			
White	88.2 ±1.7	66.6 ±2.7	54.6 ±2.9
African American	87.0 ±5.6	65.8 ±8.4	51.1 ±8.8
EDUCATION			
Less than High School	80.0 ±5.1	55.0 ±7.1	41.6 ±7.0
High School Graduate	87.0 ±2.7	65.7 ±4.0	52.7 ±4.3
Some College	91.0 ±2.9	69.4 ±5.1	58.8 ±5.5
College Graduate	91.9 ±3.2	71.0 ±5.4	58.8 ±5.8
HOUSEHOLD INCOME			
<\$10,000	81.4 ±5.3	58.8 ±7.1	40.8 ±7.3
\$10,000-19,999	85.4 ±4.2	61.1 ±6.1	43.4 ±6.3
\$20,000-34,999	83.8 ±4.3	62.0 ±6.0	50.4 ±6.2
\$35,000-50,000	91.4 ±3.8	69.0 ±6.7	56.8 ±7.2
>\$50,000	94.8 ±2.5	76.7 ±5.1	68.3 ±5.6

¹ Proportion of female respondents 40 years and older who reported having had a routine mammogram within two years for women aged 40-49 and within one year for women aged 50 and older. Respondents whose last mammogram was done because of breast cancer or other breast problems were not included in this analysis.

² Proportion of female respondents aged 40 and older who had both appropriate clinical breast exams and appropriate mammography screening.

TABLE 17.
Pap Test Screening Indicators
Female Respondents Over 17 Years of Age
Michigan, 1995
(in percentages with 95% confidence interval limits)

Demographic Characteristics	Ever Had Pap Test	Appropriate Pap Test ¹
TOTAL	94.7 ±1.3	82.2 ±2.2
AGE		
18-29 Years	90.6 ±3.9	86.1 ±4.8
30-39 Years	97.1 ±2.1	88.1 ±4.1
40-49 Years	99.3 ±0.9	85.9 ±4.5
50-64 Years	98.5 ±1.6	83.8 ±4.9
65+ Years	88.8 ±3.7	66.9 ±5.9
RACE		
White	95.3 ±1.3	82.2 ±2.4
African American	92.6 ±4.6	83.1 ±6.6
EDUCATION		
Less than High School	87.3 ±5.9	67.9 ±8.7
High School Graduate	93.8 ±2.3	78.0 ±3.8
Some College	96.9 ±1.7	86.6 ±3.6
College Graduate	96.8 ±2.0	90.2 ±3.5
HOUSEHOLD INCOME		
<\$10,000	89.0 ±4.8	69.6 ±7.4
\$10,000-19,999	91.2 ±3.9	72.7 ±6.3
\$20,000-34,999	97.3 ±2.1	84.3 ±4.6
\$35,000-50,000	97.1 ±2.4	85.0 ±5.2
>\$50,000	97.8 ±1.8	92.2 ±3.1
¹ Proportion of all female respondents who had a Pap test within the previous three years. Respondents whose last Pap test was done because of a problem were not included in this analysis.		

TABLE 14.
Safety Belt Use Indicators
Michigan Adults, 1995
(in percentages with 95% confidence interval limits)

Demographic Characteristics	Adult Use		Child Use
	Sometimes/Seldom/Never ¹	Always ²	Always ³
TOTAL	13.3 ±1.1	71.1 ±1.4	81.6 ±2.7
AGE			
18-24 Years	21.2 ±4.0	59.4 ±4.8	
25-34 Years	14.2 ±2.3	68.1 ±3.0	
35-44 Years	11.7 ±2.0	72.3 ±2.8	
45-54 Years	12.9 ±2.6	73.3 ±3.4	
55-64 Years	13.8 ±3.2	72.4 ±4.0	
65-74 Years	9.9 ±2.6	76.5 ±3.8	
75+ Years	6.0 ±2.5	83.1 ±4.1	
GENDER			
Male	17.2 ±1.8	64.4 ±2.2	
Female	9.9 ±1.2	77.0 ±1.7	
RACE			
White	11.6 ±1.1	73.2 ±1.5	
African American	24.6 ±4.2	57.9 ±4.7	
EDUCATION			
Less than High School	19.7 ±3.7	61.5 ±4.5	
High School Graduate	14.7 ±1.8	68.9 ±2.3	
Some College	13.0 ±2.0	71.3 ±2.6	
College Graduate	8.5 ±1.7	78.6 ±2.5	
HOUSEHOLD INCOME			
<\$10,000	16.6 ±3.7	67.8 ±4.5	77.8 ±10.5
\$10,000-19,999	15.3 ±2.8	68.0 ±3.6	79.8 ±7.7
\$20,000-34,999	14.8 ±2.3	67.6 ±3.0	75.5 ±6.5
\$35,000-50,000	14.1 ±2.6	69.7 ±3.4	80.5 ±6.1
>\$50,000	9.0 ±1.7	76.9 ±2.5	86.8 ±4.2

¹ Proportion of respondents who reported wearing their seat belt sometimes, seldom, or never when in a car.

² Proportion of respondents who reported always wearing their seat belt.

³ Proportion of adult respondents who reported that the oldest child in the household under the age of 16 always wears a safety belt (or is in a car safety seat).

TABLE 6. Diabetes Indicators Michigan Adults, 1995 (in percentages with 95% confidence interval limits)	
Demographic Characteristics	Ever Told Have Diabetes ¹
TOTAL	5.4 ±0.7
AGE	
18-24 Years	1.0 ±1.0
25-34 Years	1.6 ±0.8
35-44 Years	2.4 ±1.0
45-54 Years	6.5 ±1.9
55-64 Years	11.9 ±2.9
65-74 Years	12.5 ±2.9
75+ Years	10.8 ±3.4
GENDER	
Male	5.0 ±1.0
Female	5.7 ±0.9
RACE	
White	5.1 ±0.7
African American	6.8 ±2.4
EDUCATION	
Less than High School	7.5 ±2.3
High School Graduate	6.8 ±1.2
Some College	4.1 ±1.1
College Graduate	3.6 ±1.2
HOUSEHOLD INCOME	
<\$10,000	11.6 ±3.0
\$10,000-19,999	7.4 ±1.9
\$20,000-34,999	4.5 ±1.3
\$35,000-50,000	3.4 ±1.4
>\$50,000	3.4 ±1.2
¹ Proportion of respondents who reported that they had ever been told by a doctor that they had diabetes, gestational diabetes excluded.	

TABLE 7.
Tobacco Use Indicators
Michigan Adults, 1995
(in percentages with 95% confidence interval limits)

Demographic Characteristics	Current Smoker ¹	Former Smoker ²	Never Smoker
TOTAL	25.9 ±1.3	27.9 ±1.4	46.2 ±1.5
AGE			
18-24 Years	30.6 ±4.5	13.2 ±3.4	56.2 ±4.9
25-34 Years	30.8 ±3.0	16.3 ±2.4	52.9 ±3.2
35-44 Years	32.1 ±2.9	25.6 ±2.7	42.4 ±3.0
45-54 Years	24.1 ±3.3	39.4 ±3.8	36.5 ±3.7
55-64 Years	24.5 ±3.9	38.9 ±4.4	36.7 ±4.3
65-74 Years	14.0 ±3.0	39.5 ±4.3	46.6 ±4.4
75+ Years	5.8 ±2.4	36.3 ±5.4	57.9 ±5.5
GENDER			
Male	26.9 ±2.1	32.7 ±2.2	40.4 ±2.3
Female	24.9 ±1.7	23.6 ±1.7	51.5 ±2.0
RACE			
White	25.3 ±1.4	29.4 ±1.5	45.3 ±1.6
African American	29.2 ±4.4	18.7 ±3.7	52.1 ±4.8
EDUCATION			
Less than High School	33.6 ±4.4	31.1 ±4.2	35.3 ±4.4
High School Graduate	32.1 ±2.3	26.6 ±2.2	41.4 ±2.5
Some College	25.8 ±2.5	27.4 ±2.6	46.9 ±2.9
College Graduate	12.8 ±2.0	29.2 ±2.8	58.0 ±3.0
HOUSEHOLD INCOME			
<\$10,000	33.9 ±4.5	25.0 ±4.1	41.2 ±4.6
\$10,000-19,999	29.9 ±3.5	25.2 ±3.3	44.9 ±3.7
\$20,000-34,999	28.8 ±2.9	27.4 ±2.8	43.8 ±3.1
\$35,000-50,000	26.7 ±3.2	29.6 ±3.3	43.8 ±3.6
>\$50,000	18.7 ±2.4	31.2 ±2.8	50.1 ±3.0
¹ Proportion of respondents who affirmed that they had ever smoked at least 100 cigarettes in their life and that they smoke cigarettes now.			
² Proportion of respondents who affirmed that they had ever smoked at least 100 cigarettes in their life but that they do not smoke cigarettes now.			

TABLE 8.
Tobacco Use Indicators
Michigan Adults Who Currently Smoke Cigarettes, 1995
(in percentages with 95% confidence interval limits)

Demographic Characteristics	Average Number of Cigarettes Smoked Per Day		
	1-19 Cigarettes	20-39 Cigarettes	40+ Cigarettes
TOTAL	49.6 ±4.3	44.5 ±4.2	5.9 ±2.0
AGE			
18-24 Years	65.8 ±11.9	32.5 ±11.8	na na ¹
25-34 Years	54.7 ±8.2	41.1 ±8.0	4.3 ±3.3
35-44 Years	40.4 ±7.6	53.6 ±7.7	6.0 ±3.6
45-54 Years	43.3 ±11.5	49.4 ±11.6	7.3 ±6.0
55-64 Years	40.8 ±12.3	45.0 ±12.8	14.3 ±9.6
65-74 Years	59.7 ±16.7	33.6 ±15.8	na na ¹
75+ Years	60.6 ±30.5	39.4 ±30.5	na na ²
GENDER			
Male	44.1 ±6.6	48.3 ±6.6	7.6 ±3.3
Female	54.7 ±5.5	41.0 ±5.4	4.3 ±2.4
RACE			
White	45.4 ±4.6	47.5 ±4.6	7.1 ±2.4
African American	72.1 ±11.0	27.9 ±11.0	na na ²
EDUCATION			
Less than High School	38.6 ±11.6	48.8 ±11.8	12.6 ±8.0
High School Graduate	45.4 ±6.2	47.9 ±6.2	6.7 ±3.1
Some College	54.6 ±8.2	43.3 ±8.1	na na ¹
College Graduate	68.1 ±10.6	28.3 ±10.2	na na ¹
HOUSEHOLD INCOME			
<\$10,000	54.3 ±11.9	40.4 ±11.7	na na ¹
\$10,000-19,999	51.2 ±9.6	42.5 ±9.4	6.2 ±4.5
\$20,000-34,999	47.8 ±8.4	47.3 ±8.4	4.9 ±3.4
\$35,000-50,000	43.6 ±9.9	49.0 ±10.1	7.4 ±5.9
>\$50,000	52.8 ±9.8	41.7 ±9.7	5.6 ±4.2

¹ The confidence interval falls outside the range of possible estimates.

² There were zero respondents at this level.

TABLE 24.
Weight Status Indicators
Michigan Adults, 1995
(in percentages with 95% confidence interval limits)

Demographic Characteristics	Overweight ¹	Healthy Range	Underweight
TOTAL	31.0 ±1.4	63.8 ±1.5	5.2 ±0.7
AGE			
18-24 Years	17.9 ±3.8	68.2 ±4.7	13.9 ±3.5
25-34 Years	26.0 ±2.9	68.1 ±3.1	5.9 ±1.5
35-44 Years	28.9 ±2.8	66.3 ±3.0	4.8 ±1.3
45-54 Years	43.8 ±3.9	55.0 ±3.9	1.2 ±0.8
55-64 Years	41.4 ±4.5	57.4 ±4.5	1.3 ±1.0
65-74 Years	33.0 ±4.2	63.9 ±4.3	3.1 ±1.5
75+ Years	26.5 ±4.8	66.6 ±5.2	7.0 ±2.9
GENDER			
Male	31.3 ±2.2	63.9 ±2.3	4.8 ±1.0
Female	30.6 ±1.8	63.8 ±1.9	5.6 ±0.9
RACE			
White	29.9 ±1.5	64.6 ±1.6	5.5 ±0.8
African American	38.3 ±4.7	58.8 ±4.8	2.9 ±1.6
EDUCATION			
Less than High School	34.3 ±4.4	60.9 ±4.5	4.7 ±1.9
High School Graduate	34.2 ±2.4	60.1 ±2.5	5.7 ±1.2
Some College	30.5 ±2.7	64.1 ±2.8	5.4 ±1.4
College Graduate	25.0 ±2.7	70.6 ±2.8	4.4 ±1.3
HOUSEHOLD INCOME			
<\$10,000	36.4 ±4.5	57.7 ±4.7	5.9 ±2.2
\$10,000-19,999	33.4 ±3.6	58.4 ±3.8	8.2 ±2.2
\$20,000-34,999	31.3 ±3.0	63.3 ±3.1	5.4 ±1.5
\$35,000-50,000	29.8 ±3.4	66.4 ±3.5	3.8 ±1.5
>\$50,000	29.6 ±2.8	66.6 ±2.9	3.7 ±1.1

¹ Weight status categories were defined as follows: Overweight: ≥85th percentile BMI; Healthy Weight: >15th and <85th percentile BMI; Underweight: <15th percentile BMI. Pregnant women were excluded from this analysis.

TABLE 25. Leisure-time Physical Activity Indicators Michigan Adults, 1995 (in percentages with 95% confidence interval limits)	
Demographic Characteristics	No activity ¹
TOTAL	23.7 ±1.8
AGE	
18-24 Years	14.8 ±4.9
25-34 Years	18.8 ±3.5
35-44 Years	19.2 ±3.4
45-54 Years	26.3 ±4.8
55-64 Years	29.0 ±5.9
65-74 Years	28.3 ±5.7
75+ Years	51.5 ±7.8
GENDER	
Male	20.2 ±2.6
Female	26.9 ±2.5
RACE	
White	22.3 ±1.9
African American	32.4 ±6.2
EDUCATION	
Less than High School	44.7 ±6.3
High School Graduate	27.7 ±3.2
Some College	19.8 ±3.2
College Graduate	12.4 ±2.8
HOUSEHOLD INCOME	
<\$10,000	41.9 ±6.6
\$10,000-19,999	27.8 ±4.7
\$20,000-34,999	24.2 ±3.8
\$35,000-50,000	18.3 ±4.0
>\$50,000	13.9 ±3.1
¹ Proportion of respondents who said they did not participate in any physical activities, recreation, or exercises in their leisure time, such as running, golf, or walking for exercise, within the past month.	

TABLE 21.
Indicators of Attitudes Towards Condom Use
Among Respondents Age 18-64
(in percentages with 95% confidence interval limits)

Demographic Characteristics	Encourage Condom Use ¹ Among Sexually Active Teens	Condoms "Very Effective" ²
TOTAL	92.7 ±1.2	37.6 ±2.3
AGE		
18-24 Years	97.0 ±2.5	43.7 ±6.9
25-34 Years	96.3 ±1.8	43.4 ±4.5
35-44 Years	91.2 ±2.5	33.8 ±4.2
45-54 Years	90.2 ±3.3	34.1 ±5.3
55-64 Years	87.1 ±4.2	31.8 ±5.9
GENDER		
Male	92.1 ±1.9	40.8 ±3.6
Female	93.2 ±1.6	34.5 ±3.0
RACE		
White	92.4 ±1.4	37.6 ±2.5
African American	95.1 ±3.1	37.1 ±7.2
EDUCATION		
Less than High School	91.7 ±5.0	30.1 ± 8.5
High School Graduate	91.9 ±2.1	36.1 ±3.8
Some College	94.8 ±1.9	37.4 ±4.3
College Graduate	91.8 ±2.5	41.9 ±4.5
HOUSEHOLD INCOME		
<\$10,000	94.6 ±3.4	42.6 ±8.5
\$10,000-19,999	94.6 ±2.9	34.5 ±6.3
\$20,000-34,999	93.1 ±2.5	36.6 ±4.7
\$35,000-50,000	91.7 ±2.9	34.3 ±5.2
>\$50,000	92.9 ±2.2	41.0 ±4.2

¹ Proportion of respondents who reported that if they had a teenager who was sexually active they would encourage him or her to use a condom. "Don't know" and "Would give other advice" were considered valid responses (0.4% and 3.7% respectively).

² Proportion of respondents who thought a properly used condom is very effective to keep from getting AIDS. "Don't know" was considered a valid response (2.0%).

TABLE 22.
Perceived Chances of Getting AIDS
and Prevalence of Ever Tested
Among Respondents Age 18-64
(in percentages with 95% confidence interval limits)

Demographic Characteristics	Chance of Getting AIDS High or Medium ¹	Ever Tested for AIDS ²
TOTAL	6.2 ±1.2	41.4 ±2.4
AGE		
18-24 Years	10.4 ±4.2	50.7 ±7.0
25-34 Years	5.5 ±1.9	56.2 ±4.4
35-44 Years	5.6 ±2.1	38.5 ±4.3
45-54 Years	5.6 ±2.4	30.9 ±5.0
55-64 Years	4.9 ±2.8	22.9 ±5.3
GENDER		
Male	6.4 ±1.8	42.8 ±3.6
Female	6.1 ±1.5	40.1 ±3.0
RACE		
White	5.4 ±1.1	39.5 ±2.5
African American	11.8 ±4.9	53.8 ±7.4
EDUCATION		
Less than High School	8.2 ±4.9	41.0 ±9.1
High School Graduate	7.1 ±2.1	38.8 ±3.8
Some College	6.0 ±2.0	43.5 ±4.4
College Graduate	4.8 ±1.9	42.9 ±4.5
HOUSEHOLD INCOME		
<\$10,000	13.4 ±6.0	51.9 ±8.4
\$10,000-19,999	7.0 ±3.5	43.6 ±6.6
\$20,000-34,999	5.7 ±2.3	39.7 ±4.8
\$35,000-50,000	4.0 ±2.1	36.8 ±5.3
>\$50,000	5.8 ±2.0	42.5 ±4.2
¹ Proportion of respondents who reported “high” or “medium” to the question “What are your chances of getting infected with HIV, the virus that causes AIDS?” “Don’t know” was considered a valid response (0.4%). ² Proportion of respondents who said “yes” to the question “Have you ever had your blood tested for HIV?” “Don’t know” was considered valid response (1.7%).		

TABLE 9. Work Place Environmental Smoke Indicators by Smoking Status Michigan Adults Who Worked Outside the Home for Wages, 1995 (in percentages with 95% confidence interval limits)			
Demographic Characteristics	Current Work Place Policy on Smoking		
	Smoking Not Permitted	Permitted in Some Areas	No Restrictive Smoking Policy
TOTAL	45.6 ±2.7	29.3 ±2.5	25.1 ±2.4
SMOKE STATUS			
Current Smoker	35.4 ±4.8	31.5 ±4.7	33.1 ±4.8
Former Smoker	44.9 ±5.3	30.9 ±4.9	24.1 ±4.7
Never Smoker	52.6 ±4.0	26.9 ±3.6	20.5 ±3.3

TABLE 10.
Preference for Work-Place Smoking Policy by Smoking Status
Michigan Adults Who Worked Outside the Home for Wages, 1995
(in percentages with 95% confidence interval limits)

Smoking Status	Desired Work-Place Policy on Smoking		
	Smoking Not Permitted	Does Not Matter (No Preference)	Smoking Permitted
TOTAL	62.4 ±2.6	31.2 ±2.5	6.4 ±1.3
SMOKE STATUS			
Current Smoker	26.1 ±4.3	54.5 ±5.0	19.4 ±3.9
Former Smoker	65.8 ±5.0	32.4 ±4.9	1.8 ±1.5
Never Smoker	83.1 ±3.0	16.0 ±2.9	0.9 ±0.8

TABLE 11.
Home Smoking Rules by Smoking Status
Michigan Adults, 1995
(in percentages with 95% confidence interval limits)

Smoking Status	Cigarette Smoking Rules in the Home		
	Smoking Not Permitted	Permission Varies by Time or Place	Smoking Permitted Without Restrictions
TOTAL	46.9 ±2.2	29.3 ±2.0	23.8 ±1.8
SMOKE STATUS ¹			
Current Smoker	13.4 ±3.0	40.3 ±4.2	46.3 ±4.2
Former Smoker	49.3 ±4.1	29.9 ±3.7	20.8 ±3.4
Never Smoker	64.5 ±3.1	22.8 ±2.7	12.8 ±2.1
¹ This is the smoking status of the respondent, and does not indicate the smoking status of others who may live in the household.			

TABLE 19.
Radon Indicators
Michigan Adults, 1995
(in percentages with 95% confidence interval limits)

Demographic Characteristics	Ever Heard of Radon ¹	Know How to Test for Radon ²
TOTAL	86.6 ±1.5	61.3 ±2.3
AGE		
18-24 Years	82.5 ±5.3	45.5 ±7.7
25-34 Years	87.0 ±3.0	56.6 ±4.9
35-44 Years	92.2 ±2.3	70.9 ±4.1
45-54 Years	87.5 ±3.6	68.5 ±5.4
55-64 Years	89.1 ±3.9	62.3 ±6.7
65-74 Years	85.5 ±4.3	61.9 ±6.7
75+ Years	70.2 ±6.9	46.9 ±9.4
GENDER		
Male	90.3 ±1.9	64.9 ±3.3
Female	83.4 ±2.1	57.9 ±3.1
RACE		
White	88.4 ±1.5	62.7 ±2.4
African American	77.0 ±5.5	50.0 ±7.7
EDUCATION		
Less than High School	71.9 ±5.5	49.4 ±7.7
High School Graduate	82.1 ±2.8	55.5 ±3.9
Some College	91.8 ±2.2	62.9 ±4.2
College Graduate	94.9 ±1.8	71.6 ±4.0
HOUSEHOLD INCOME		
<\$10,000	72.1 ±6.2	47.5 ±7.8
\$10,000-19,999	84.8 ±3.8	51.1 ±5.9
\$20,000-34,999	86.7 ±3.0	62.1 ±4.7
\$35,000-50,000	91.8 ±2.8	63.6 ±5.1
>\$50,000	93.8 ±2.1	68.9 ±4.3
¹ Proportion of respondents who reported that they had heard of radon, a radioactive gas that occurs in nature. For this question, “don’t know” was considered a valid response. ² Of those who had heard of radon, the proportion who said they knew how to test for the presence of radon gas in their homes. For this question, “don’t know” was considered a valid response.		

TABLE 20.
Radon Indicators
Michigan Adults, 1995
(in percentages with 95% confidence interval limits)

Demographic Characteristics	Ever Tested Home for Radon ¹	Plan to Test Home for Radon ²
TOTAL	12.0 ±1.5	19.9 ±1.8
AGE		
18-24 Years	14.4 ±5.2	21.5 ±6.0
25-34 Years	13.5 ±3.3	26.0 ±4.2
35-44 Years	12.7 ±3.0	23.4 ±3.8
45-54 Years	10.6 ±3.4	18.4 ±4.3
55-64 Years	12.4 ±4.4	15.8 ±5.0
65-74 Years	11.3 ±4.3	15.2 ±5.0
75+ Years	4.4 ±3.2	5.4 ±3.6
GENDER		
Male	15.1 ±2.5	20.4 ±2.8
Female	9.3 ±1.7	19.4 ±2.3
RACE		
White	12.3 ±1.6	17.7 ±1.8
African American	11.0 ±4.4	35.7 ±6.6
EDUCATION		
Less than High School	9.3 ±4.4	18.0 ±5.6
High School Graduate	9.2 ±2.2	20.4 ±3.1
Some College	13.4 ±2.9	20.1 ±3.4
College Graduate	15.9 ±3.2	19.9 ±3.5
HOUSEHOLD INCOME		
<\$10,000	6.6 ±3.5	18.6 ±5.4
\$10,000-19,999	11.1 ±3.7	20.9 ±4.7
\$20,000-34,999	9.8 ±2.8	18.9 ±3.8
\$35,000-50,000	13.6 ±3.6	25.8 ±4.6
>\$50,000	16.1 ±3.2	20.3 ±3.6
¹ Proportion of respondents living in homes, apartments below the third level, and not in mobile homes, who reported that they had ever tested their home for radon. For this question, "don't know" was considered a valid response. ² Proportion of respondents living in homes, apartments below the third level, and not in mobile homes, who reported that they planned to test their homes for radon. For this question, "don't know" was considered a valid response.		

TABLE 18.
Digital Rectal and Proctoscopic Exams
Michigan Adults, 1995
(in percentages with 95% confidence interval limits)

Demographic Characteristics	Ever Had Digital Rectal Exam (40+ yrs)	Had Digital Rectal Exam In Past Year (40+ yrs)	Ever had Proctoscopic Exam (50+ yrs)
TOTAL	75.7 ±2.4	45.1 ±2.8	43.9 ±3.5
AGE			
40-44 Years	59.6 ±6.4	31.1 ±6.1	
45-54 Years	77.5 ±4.6	46.3 ±5.5	31.4 ±7.5*
55-64 Years	83.5 ±4.4	48.4 ±6.3	43.1 ±6.3
65-74 Years	80.4 ±4.8	54.7 ±6.1	48.9 ±6.2
75+ Years	75.6 ±6.6	42.1 ±8.0	50.7 ±8.1
GENDER			
Male	79.6 ±3.5	45.2 ±4.5	50.5 ±5.6
Female	72.4 ±3.3	45.1 ±3.6	39.2 ±4.3
RACE			
White	76.9 ±2.5	45.5 ±3.0	43.7 ±3.6
African American	69.4 ±8.9	45.1 ±9.7	47.5 ±12.2
EDUCATION			
Less than High School	70.4 ±6.6	36.8 ±7.3	41.5 ±8.0
High School Graduate	73.6 ±4.1	42.7 ±4.6	45.2 ±5.4
Some College	75.3 ±4.9	46.5 ±5.9	40.5 ±7.6
College Graduate	82.8 ±4.4	52.4 ±5.9	47.4 ±8.0
HOUSEHOLD INCOME			
<\$10,000	63.3 ±8.3	35.5 ±8.0	45.1 ±9.1
\$10,000-19,999	75.9 ±5.7	43.4 ±6.7	46.6 ±7.3
\$20,000-34,999	74.3 ±5.3	40.2 ±6.1	42.5 ±7.4
\$35,000-50,000	70.8 ±6.7	43.3 ±7.3	36.3 ±9.5
>\$50,000	84.0 ±4.0	52.6 ±5.6	46.3 ±8.3
*50-54 years			

TABLE 23.
Immunizations
Among Respondents Over Age 64
Michigan Adults, 1995
(in percentages with 95% confidence interval limits)

Demographic Characteristics	Had Flu Vaccination In Past Year (Age 65+)	Ever Had Pneumonia Vaccination (Age 65+)
TOTAL	56.4 ±4.8	39.7 ±4.8
GENDER		
Male	53.4 ±8.0	37.1 ±8.0
Female	58.4 ±6.0	41.3 ±6.0